

# Welcome to I-Power Gymnastics!

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## Sessions

The recreational classes are divided into 10 week sessions throughout the year. Child(ren) may enter any class with available space at any point throughout the year. *If your child enrolls mid-session, the tuition will be pro-rated.*

## Payment Policy

Payment is due when registering for our programs. Payment may be made in person at our front desk, by phone, or on-line. Cash, check (payable to I-Power School of Gymnastics, or debit/credit card (Discover, MasterCard, or Visa) are accepted. Your child WILL be DROPPED from the program if payment is NOT received.

## Fall/Spring Contracts

We offer a fall or spring contract that saves 10% on tuition. The Fall Semester Contract is for quarter 1 and 2. The Spring Semester Contract is for quarter 3 and 4. A valid credit/debit card must be on file and signing the Fall or Spring Semester Contract. Priority registration is given during week 7 of the session.

## Annual Contract

We offer an annual contract for those who commit to attending all four quarters of our gymnastics school year. A valid credit card must be on file and signing our Annual Contract. You will benefit by receiving 10% off the year's tuition, a punch card for 10 open gyms, and \$10 off birthday parties, special events, AND camps throughout the entire year. Priority registration is given during week 7 of the session.

## Annual Membership Fee

This fee covers the upkeep and maintenance on our equipment. This fee is \$30.00 and must be paid once each year. The fee is due at registration and is non-refundable. For those enrolling during or after quarter 3, it is \$25. The summer membership fee is \$15.

## Priority Registration for Quarter 1, 2, 3 and 4

You may register during week 8 of the current session to guarantee your spot in your class for the next session.

## Refunds or Credits

No refunds or credits will be given for classes not attended. Missed classes are not prorated with the exception of injuries and extreme circumstances. Extreme circumstances must be approved by I-Power School of Gymnastics owners first.

## Class Cancellation Policy

Classes are based on a minimum of 2 students and are subject to cancellation if we do not reach our minimum.

## Holiday Make-up Policy

I-Power SOG will be closed for all major holidays. Holidays include: Labor Day, Thanksgiving, Christmas, New Years Eve/Day, Easter, Memorial Day and Independence Day. For holidays that occur on your scheduled class day the tuition will be prorated accordingly.

## Class Attire

**Gymnastic leotards are requested for girls, but other clothing is permitted.** The clothing needs to be comfortable, non-restrictive and form fitting. Please **NO Jeans**, zippers, or fasteners (buttons and snaps) around the waist. Large loose clothing and long drawstrings pose safety hazards. Shorts are allowed, but **NO LONG PANTS. Please remove all jewelry before gymnastics.**

Hair needs to be pulled back. Pigtails or braids are best. A single pony tail in the back can hurt when your child is doing rolls. If your child's hair is short please clip back any pieces that would fall in front of their face.

## Inclement Weather

In cases of bad weather, we follow the Unit 4 school district closing policy. If Unit 4 cancels school, our facility will be closed. For classes that are missed, a **class reschedule day or make-up pass** will be issued. If unsure, please call to check our voicemail system or Facebook page.

## Parking

In addition to the front parking lot, we have parking spaces located behind our building. After 4pm, the LS Building Products parking lot may be used by I-Power patrons. Parking is **not** permitted along the grass in front of our building. This is a **NO PARKING ZONE. If you are parked here, then you are in danger of being towed.**



### Parent Observation

For Preschool aged children, we recommend that parents stay the entire lesson. For older children, (5 years and older) we find that they focus better when parents do not watch the entire lesson. We recommend 2 visits per session. For those who are staying to observe, we offer complimentary tea, coffee, and Wi-Fi. There are a limited number of people who can be on our guest Wi-Fi at a time, so we ask that you only connect when you are actively using the internet. The ID is *I-Power Guest* and the password is *Gymnastics*.

### Class Promotion

At the end of session 1, 2, 3, and summer, every child will receive a skill report card. This report card will help track your child's progress in class. Once a participant has mastered 90% of the skills listed on his/her report card, he/she will be promoted to the next level. It is not common for students to master a level with just one session of that level. More often than not, students will spend up to a year at each level before they master the skills needed to move to the next level. **Students that attend gymnastics several times a week progress faster.**

### Make-ups

If you miss a class during a session, a make-up may be scheduled if there is an available opening in a class. **Make-ups are LIMITED to 1 PER SESSION and your child(ren) MUST be enrolled in the session.** If a make-up cannot be arranged, you may stop by the front desk to get an open gym pass for the 1 class that you missed. Open gym times: Year round: Saturday at 12:30 - 1:30pm; ages 0-5 at Preschool facility; ages 5-12 at main gym and Wednesday 8:00 - 9:00pm; ages 13 and older. Quarters 1, 2, 3, 4: Monday & Thursday at 10:00 - 11:00am; ages 0-5 at main gym. Summer: Wednesday at 11:00am - 12:00pm; ages 0-12 at main gym.

| Type  | Savings                         | Details  |
|---|---------------------------------|--|
| Refer a Friend - card in Welcome packet and at front desk | Save \$15 off your next Payment | If you refer a friend to I-Power School of Gymnastics and they become a paying member of the school, you will receive a \$15 credit on your next payment. Refer Friend Card needs to be completed and returned to the front desk for credit to be applied.   |
| 25/25 - card at front desk                                | Save \$25 off your next Payment | If you refer a friend to I-Power School of Gymnastics and they become a paying member of the school, you will receive a \$25 credit on your next payment. The friend you refer will receive \$25 off registration and/or his/her next Payment. 25/25 card needs to be completed and returned to the front desk for credit to be applied. |

### Special Events/Camps

Special events are held at the gym where kids can come enjoy gymnastics, playtime, games and pizza. Registration is required! Enclosed is pamphlet listing Winter Camp, School Days Out Camps, and Special Event dates. Summer camp dates and information will be available in March..

### Xcel Team

I-Power School of Gymnastics offers a competitive recreational team for students that are interested in competing, but may not have the availability or desire to train at the level of our competitive team. Students must master level 2 skills before being recommended to the Xcel Team. *If you feel that your child would be a good fit for the Xcel program, please speak with head xcel team coach, Dena Slade, and she will complete an evaluation of your child's skills.*

### Developmental Team and Competitive Team for Boys and Girls

I-Power School of Gymnastics has a competitive team that competes in USA Gymnastics sanctioned meets for levels 3-10. Depending on his/her level, members of our competitive team train 9 - 20 hours each week. Athletes that comprise our competitive team are selected from our recreational program. Most members begin in a recreational class; receive an invitation to our preteam classes then move up to the competitive team. Competitive Gymnastics is for boys and girls that have a great love for the sport, show above average athleticism, and have families that are willing to commit to the time it takes to attend practices and competitions. *If you feel that your child would be a good fit for the developmental team program and/or competitive gymnastics, please speak with our head team coach, Kevin Burnside, and he will complete an evaluation of your child's skills.*

### Winter Showcase

At the end of Quarter 2, we hold a gymnastics showcase for family and friends. This event showcases our students' skills, talents, and hard work. *There is an additional registration fee to participate.*

### Spring Gymnastics Recital

Each spring, we hold a gymnastics showcase for family and friends. This event showcases our students' skills, talents, and hard work. During 3<sup>rd</sup> quarter students will begin to learn routines for each event that they will perform during the recital. *There is an additional registration fee to participate.* We encourage parents to enroll their child/children in gymnastics for a full school year, August - June, to be able to see the full benefit of the sport!