

SPECIAL EVENTS

Facility Rental

I-Power School of Gymnastics may be rented to hold a special event for schools, organizations, businesses, and/or groups. Please contact us at ipowergymnastics@yahoo.com

Birthday Parties

We offer no hassle birthday parties! Stop by our facility and pick up a party brochure or visit www.ipowergymnastics.com

Open Gym

Open Gym is for anyone to enjoy gymnastics at their own pace and leisure. Participants under 18 must be accompanied by a parent. Please refer to our schedule for specific times.

Cost: \$7 (per person)

Punch card: 5/\$25 or 10/\$50

Monday	Wednesday	Thursday	Saturday
10:00 – 11:00am Preschool	8:30 – 10:00pm Adult	10:00 – 11:00am Preschool	12:30 – 1:30pm All Ages

SPECIAL PROGRAMS

Create Your Own Class

This class is for a group of friends and/or relatives. Class time will be constructed to meet the needs and goals of the participants and their schedule.

(Minimum of 4 participants required)

Cost:

	Once a week	Twice a week
45 minutes	\$130.00	\$195.00
60 minutes	\$165.00	\$265.00
90 minutes	\$220.00	\$375.00

FOR YOUR INFORMATION

Annual Membership Fee

\$25.00 due once a year.

➤ Be sure to pick up a copy of our Policies.
➤ Session Report Cards are issued at the end of each session.
➤ We are a service business! Please feel free to E-mail Dena and Kevin with suggestions and concerns at ipowergymnastics@yahoo.com

I-POWER SCHOOL OF GYMNASTICS

FALL SEMESTER CONTRACT

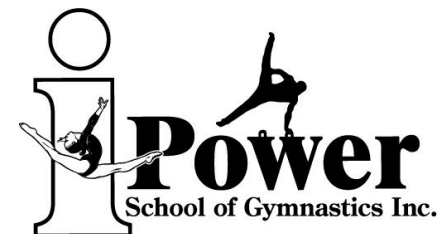
Register your child for Quarter 1 and 2 and receive:

- ✓ 10% off tuition fee.

ANNUAL CONTRACT

Register your child for Quarter 1, 2, 3, and 4 and receive:

- ✓ 20% off tuition fee
- ✓ Punch card for 10 Open Gyms
- ✓ \$10 off Birthday Party/Special Events/Camps



SCHOOL-AGE GYMNASTICS

*Quality Gymnastics Instruction,
Fitness and FUN!*

Join anytime! Class fees are pro-rated.

Quarter 1 - 2014-2015

August 18th – October 25th

*No Classes
Labor Day – September 1st*



**215 S. Staley Road
Champaign, IL 61822
217-359-FLIP (3547)
ipowergymnastics@yahoo.com
www.ipowergymnastics.com
Kevin Burnside and Dena Slade, Co-Owners**

SCHOOL-AGE PROGRAM

Our School-Age Program aims to develop confidence, strength, coordination, discipline and FITNESS!
We teach following the USA Gymnastics Junior Olympic Level Program.
Our Recreational Program follows levels 1-2.

Intro to Gymnastics (60 minutes) *Boys and Girls

6 years and older. Entry level gymnastics! Gymnasts are introduced to gymnastics apparatus, terms, and beginning gymnastics skills. For students who have not taken a school age gymnastics class.

Class ratio is 1 instructor for every 8 children.

Cost: \$155.00 (once a week) \$255.00 (twice a week)

Mon	Tues	Thurs	Sat
4:15pm	5:00pm	6:15pm	9:15am

LEVEL 1 (60 minutes) *Boys and Girls

6 years and older. Gymnasts work to learn Level 1 gymnastics skills on vault, bars, beam, and floor. For students who have taken a school age gymnastics class.

Class ratio is 1 instructor for every 8 children.

Cost: \$155.00 (once a week) \$255.00 (twice a week)

Mon	Tues	Wed	Thurs	Sat
5:15pm	4:00pm	5:30pm	4:15pm	10:15am
	6:30pm	5:45pm	5:15pm	
		6:45pm		

LEVEL 2 (90 minutes) *Girls

6 years and older. In order to enter this class, students must have mastered somersaults, handstands, cartwheels, casting on bars, and a back hip pullover! Gymnasts work to learn Level 2 gymnastics skills.

By recommendation only!

Class ratio is 1 instructor for every 8 children.

Cost: \$210.00 (once a week) \$365.00 (twice a week)

Mon	Wed	Thurs
6:15pm	4:00pm	6:00pm

BARS, FLEX AND STRENGTH

(45 minutes) *Boys and Girls

6 years old and older. This class makes a great class or second class for those needing work on bars, flexibility and strength!

Class ratio is 1 instructor for every 8 children.

Cost: \$120 \$80.00 (as a 2nd class)

Mon
5:45pm

BOYS GYMNASTICS/SPORTS DEV.

(60 minutes) *Boys

6 years and older. This class uses gymnastics to develop strength, flexibility, coordination and athletic ability in boys. This class is a great addition to another sport or a way to get your child more physically active.

Class ratio is 1 instructor for every 8 children.

Cost: \$155.00 (once a week)

Wed
5:15pm

HOMESCHOOL CLASSES

(60 minutes) *Boys and Girls

6 years and older. Entry level gymnastics! Gymnasts work to learn somersaults, handstands, cartwheels, etc.

Cost: **\$105**

Please contact us to schedule day and time
Minimum of 4 participants required.

GIRLS XCEL - Competitive Rec.

6 years and older. Students must have mastered all the basic skills in levels 1 and 2.

By invitation only!

For more information please inquire at front desk.

Into to Xcel

Tuesday	Thursday
6:00 – 7:30pm	4:30 - 6:00pm

Bronze

Tuesday	Thursday
4:30 – 6:00pm	6:00 – 7:30pm

Silver

Monday	Friday
3:45 – 6:45pm	3:45 – 5:45pm

Gold/Platinum

Monday	Wednesday	Friday
3:45 – 6:45pm	3:45 – 5:45pm	3:45 – 5:45pm