

SPECIAL EVENTS

Field Trips

Field trips may be arranged for schools and organizations. Please contact us at ipowergymnastics@yahoo.com

Birthday Parties

We offer no hassle birthday parties! Stop by our facility and pick up a party brochure or visit www.ipowergymnastics.com

General Open Gym

Open Gym is for anyone age 5 years and older to enjoy gymnastics at their own pace and leisure. Participants under 18 must be accompanied by a parent.

Cost: \$5 (per person)

Monday	Wednesday	Saturday
8:30 – 10:00pm	8:30 – 10:00pm	12:30 – 1:30pm

SPECIAL PROGRAMS

Create Your Own Class

This class is for a group of friends and/or relatives. Class time will be constructed to meet the needs and goals of the participants and their schedule. (Minimum of 4 participants required)

Cost:

	Once a week	Twice a week
45 minutes	\$130.00	\$195.00
60 minutes	\$165.00	\$265.00
90 minutes	\$220.00	\$375.00

FOR YOUR INFORMATION

Annual Fee

\$25.00 due once a year.

➤ Be sure to pick up a copy of our Policies.
➤ Session Report Cards are issued at the end of each session.
➤ We are a service business! Please feel free to E-mail Dena and Kevin with suggestions and concerns at ipowergymnastics@yahoo.com

I-POWER SCHOOL OF GYMNASTICS

FAMILY MEMBERSHIP

August 1, 2013 – July 31, 2014

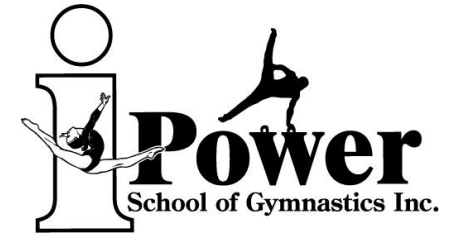
- ✓ \$10 off pre-paid/pre-registered programs*
- ✓ \$10 off one birthday party
- ✓ 5 – Open Gym Sessions

VALUE of \$85 for ONLY \$55

Membership Card is pro-rated during Quarter 3 to \$35

*\$10.00 off first child, \$5.00 off each additional child.

215 S. Staley Road
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ipowergymnastics@yahoo.com
www.ipowergymnastics.com
Kevin Burnside and Dena Slade, Co-Owners



SCHOOL-AGE GYMNASTICS

*Quality Gymnastics Instruction,
Fitness and FUN!*

Join anytime! Class fees are pro-rated.

Quarter 1 - 2013-2014

August 26th – November 2nd

*No Classes
Labor Day – September 2nd*



SCHOOL-AGE PROGRAM

Our School-Age Program aims to develop confidence, strength, coordination, discipline and FITNESS!

We teach following the USA Gymnastics Junior

Olympic Level Program.

Our Recreational Program follows levels 1-3.

LEVEL 1A (60 minutes) *Boys and Girls

6 years and older. Entry level gymnastics! Gymnasts work to learn somersaults, handstands, cartwheels, etc.

Class ratio is 1 instructor for every 8 children.

Cost: \$155.00 (once a week) \$255.00 (twice a week)

Mon	Tues	Wed	Thurs	Sat
4:45pm	4:00pm	5:15pm	5:00pm	9:15am
6:45pm	6:15pm	6:15pm		

LEVEL 1B (60 minutes) *Boys and Girls

6 years and older. Entry level gymnastics! Gymnasts work to learn somersaults, handstands, cartwheels, etc.

By recommendation only!

Class ratio is 1 instructor for every 8 children.

Cost: \$155.00 (once a week) \$255.00 (twice a week)

Mon	Tues	Wed	Thurs	Sat
5:15pm	4:30pm	5:15pm	5:15pm	10:15am
		6:15pm		

FOR YOUR INFORMATION

Class levels are divided by either A or B depending on the mastery of the skills in each level. A level students are in the beginning phases of learning skills, while B level students are working to master the skills.

GIRLS LEVEL 2A (90 minutes)

6 years and older. In order to enter this class, students must have mastered somersaults, handstands, cartwheels, casting on bars, and a back hip pullover!

By recommendation only!

Class ratio is 1 instructor for every 8 children.

Cost: \$210.00 (once a week) \$365.00 (twice a week)

Mon	Wed
5:45pm	4:00pm

GIRLS LEVEL 2B (90 minutes)

6 years and older. In order to enter this class, students must have mastered somersaults, handstands, cartwheels, casting on bars, and a back hip pullover!

By recommendation only!

Class ratio is 1 instructor for every 8 children.

Cost: \$210.00 (once a week) \$365.00 (twice a week)

Mon	Thurs
5:15pm	6:00pm

HOMESCHOOL CLASSES

(Level 1 = 60 minutes) (Level 2 = 90 minutes)

6 years and older. Entry level gymnastics! Gymnasts work to learn somersaults, handstands, cartwheels, etc.

Cost: **Level 1** (\$105.00) **Level 2** (\$155.00)

Homeschool schedule: TBA

GIRLS XCEL - Competitive Rec.

(120 minutes)

6 years and older. Students must have mastered all the basic skills in levels 1 and 2 before entering this class.

By invitation only! For more information please inquire at front desk.

Bronze level	Silver level	Gold level
4:30 – 6:00pm Monday & Wednesday	3:45 – 5:45pm Monday & Thursday	3:45 – 6:45pm Monday & Thursday

BOYS GYMNASTICS/SPORTS DEV.

(Level 1 = 60 minutes) (Level 2 = 90 minutes)

6 years and older. This class uses gymnastics to develop strength, flexibility, coordination and athletic ability in boys. This class is a great addition to another sport or a way to get your child more physically active.

Class ratio is 1 instructor for every 8 children.

Cost: **Level 1** - \$155.00 (1X a week) \$255.00 (2X a week)

Level 2 - \$210 (once a week)

Wed (Level 1)	Wed (Level 2)
5:30pm	6:30pm

BARS, FLEX AND STRENGTH

(45 minutes) *Boys and Girls

6 years old and above. This class makes a great second class for those girls needing work on bars, flexibility and strength!

Class ratio is 1 instructor for every 8 children.

Cost: \$80.00 (as a 2nd class) \$120.00 (this class alone)

Mon
6:45pm