

## SPECIAL EVENTS

### Field Trips

Field trips may be arranged for schools and organizations. Please contact us at [ipowergymnastics@yahoo.com](mailto:ipowergymnastics@yahoo.com)

### Birthday Parties

We offer no hassle birthday parties! Stop by our facility and pick up a party brochure or visit [www.ipowergymnastics.com](http://www.ipowergymnastics.com)

### General Open Gym

Open Gym is for anyone age 5 years and older to enjoy gymnastics at their own pace and leisure. Participants under 18 must be accompanied by a parent.

Cost: \$7 (per person)

Punch cards: 5/\$25 or 10/\$50

Monday	Wednesday	Saturday
8:30 – 10:00pm	8:30 – 10:00pm	12:30 – 1:30pm

## SPECIAL PROGRAMS

### Create Your Own Class

This class is for a group of friends and/or relatives. Class time will be constructed to meet the needs and goals of the participants and their schedule. (Minimum of 4 participants required)

Cost:

	Once a week	Twice a week
45 minutes	\$130.00	\$195.00
60 minutes	\$165.00	\$265.00
90 minutes	\$220.00	\$375.00

## FOR YOUR INFORMATION

### Annual Fee

\$20.00 due once a year.

➤ Be sure to pick up a copy of our Policies.
➤ Session Report Cards are issued at the end of each session.
➤ <b>We are a service business!</b> Please feel free to E-mail Dena and Kevin with suggestions and concerns at <a href="mailto:ipowergymnastics@yahoo.com">ipowergymnastics@yahoo.com</a>

### I-POWER SCHOOL OF GYMNASTICS

#### FAMILY MEMBERSHIP

August 1, 2013 – July 31, 2014

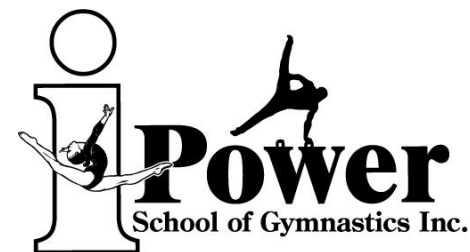
- ✓ \$10 off pre-paid/pre-registered programs\*
- ✓ \$10 off one birthday party
- ✓ 5 – Open Gym Sessions

VALUE of \$85 for ONLY \$55

Membership Card is pro-rated during Quarter 3 to \$35

\*\$10.00 off first child, \$5.00 off each additional child.

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[www.ipowergymnastics.com](http://www.ipowergymnastics.com)  
Kevin Burnside and Dena Slade, Co-Owners



## PRE-SCHOOL GYMNASTICS

*Quality Gymnastics Instruction,  
Fitness and FUN!*

Join anytime! Class fees are pro-rated.

### Quarter 2 – 2013/2014

*November 4 - January 25*

No Classes

*November 28-30 Thanksgiving*

*December 23-January 4 Christmas Vacation*



## PRESCHOOL OPEN GYM

(60 minutes)

Preschool Open Gym is for children and parents to enjoy gymnastics at their own pace and leisure. Supervision is provided!

Cost: \$5 (per child)

Mon	Thurs
10:00am	10:00am

## IMAGYMNATION STATION

(90 minutes)

Ages 3 to 5 years old. Bring your child in for our fun mini day camp. Each day is themed, includes gymnastics activity, music and educational craft activities.

(Boys and Girls)

**Class ratio is 1 instructor for every 6 children.**

Cost: \$10.00 (per class)

Tues
9:30am



## PRE-SCHOOL PROGRAM

At I-Power, kids learn more than just gymnastics in class; they will also experience colors, shapes, body awareness, fitness and nutrition. Our program follows the **“Tumblebear Program”**.

For more info on “Tumble bear”, check here: <http://www.tumblebear.com/aboutus.htm>

### GYM BEARS (25 minutes)

2 and 3 year olds with or without parent assistance. This class is for the young beginner!

(Boys and Girls)

**Class ratio is 1 instructor for every 6 parent/child.**

Cost: \$80.00 (once a week) \$130.00 (twice a week)

Mon	Wed	Thurs	Sat
9:00am	5:30pm	9:00am	9:00am
	6:00pm		

### TUMBLE BEARS (40 minutes)

3 and 4 year olds. This class introduces gymnastics using lots of props, shapes and fun games!

(Boys and Girls)

**Class ratio is 1 instructor for every 6 children.**

Cost: \$120.00 (once a week) \$185.00 (twice a week)

Mon	Tues	Wed	Thurs	Sat
9:00am	4:00pm	6:30pm	9:00am	9:30am
	4:15pm		11:15am	10:15am
	5:00pm		4:15pm	
	5:15pm			
	6:00pm			

### KINDER BEARS (55 minutes)

5 and 6 year olds. This class begins to take the shape of a traditional gymnastics class. Shapes, colors and games are still used to teach the skills, but the focus shifts to skill development while having fun!

(Boys and Girls)

**Class ratio is 1 instructor for every 8 children.**

Cost: \$155.00 (once a week) \$255.00 (twice a week)

Mon	Tues	Wed	Thurs	Sat
4:00pm	5:00pm	4:15pm	6:00pm	11:15am
	6:00pm	4:30pm	6:15pm	

### SUPER BEARS (55 minutes)

3-5 years of age, without a parent. This class is an advanced preschool class.

**By recommendation only!**

(Boys and Girls)

**Class ratio is 1 instructor for every 8 children.**

Cost: \$155.00 (once a week) \$255.00 (twice a week)

Mon
4:15pm